

You're taking control of so many new things in your life — getting behind the wheel, starting a new job, tackling algebra. There's just one more thing.

It's Time to Take Control of Your Health



These shots will provide you protection from 5 vaccine preventable diseases and HPV-related cancers. Learn more about taking control of your healthy future at:

WhyImmunize.org/TakeControl
T2X.me/TakeControl



Taking control of your health is THIS easy!



Protects against human papilloma virus

- In the USA each year, more than 17,000 women & 9,000 men are affected by HPV-related cancers.
- Getting vaccinated with HPV series now means a future with one less thing to worry about.
- The HPV vaccine means you can help prevent certain kinds of cancers in your future.



Protects against bacterial meningitis

- Get your vaccines at 11 & at 16 - it's the best way to prevent meningitis. Talk to your doctor about meningococcal ACWY and B vaccines.
- 1 in 7 teens that get bacterial meningitis will die — this illness is no joke.
- Close contact with others can increase your risk of meningitis - coughing, kissing or sneezing.



Protects against pertussis, tetanus, and diphtheria

- Pertussis is sometimes called the "100 day cough" or Whooping Cough.
- It's a nasty disease that's super easy to spread & can be very harmful for babies and grandparents.
- Bonus with this shot — you get protection from tetanus, also called lockjaw, and from diphtheria.

Don't forget to ask about your yearly flu shot and other vaccines you might need to catch up.

Learn more about Taking Control of your healthy future at:

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TAK CONTROL
3 VACCINES TO PROTECT ME

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