

# AZPHZ 2018 Spring Conference

## Adverse Childhood Experiences

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# Sources AZ ACE Data

- 2016 National Survey of Children's Health:  
<http://childhealthdata.org/browse/survey/results?q=4783&r=4>
- 2016 Arizona Youth Survey:  
[http://www.azcjc.gov/sites/default/files/pubs/AYSReports/2016/2016 Arizona Youth Survey State Report.pdf](http://www.azcjc.gov/sites/default/files/pubs/AYSReports/2016/2016%20Arizona%20Youth%20Survey%20State%20Report.pdf)
- 2014 Behavioral Risk Factor Survey:  
<http://www.azdhs.gov/documents/prevention/womens-childrens-health/reports-fact-sheets/issue-briefs/ACEs-report-2014.pdf>
- 2018 Health of Women and Children Report:  
<https://www.americashealthrankings.org/explore/2018-health-of-women-and-children-report/measure/ACEs/state/AZ>

# Arizona Children, 0 – 17

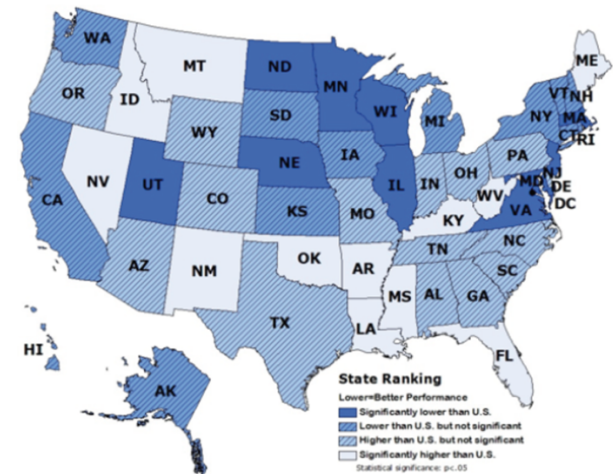
2016 National Survey of Children's Health



- Two + ACEs: **30%**
- Natl. average: **22%**

Percent of Children Age 0-17 with  
One or More Adverse Childhood  
Experiences in the US

Nationwide: 46.3%  
State Range: 38.1%–55.9%



Adverse  
Childhood  
Experiences

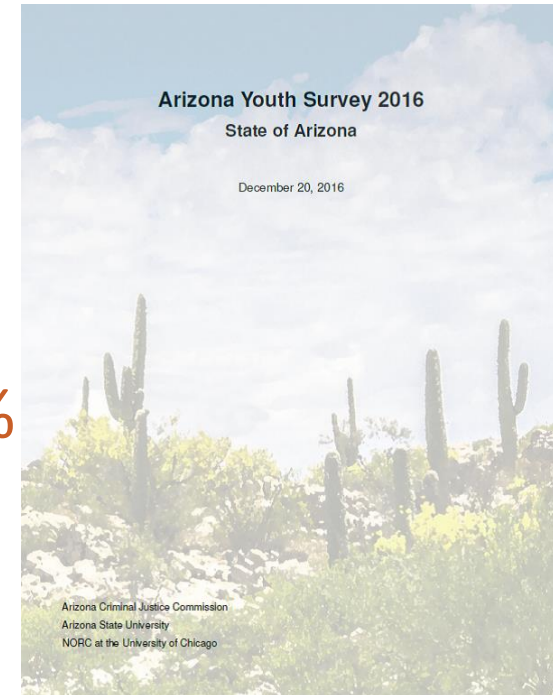
*Can last a lifetime,  
but they don't have to...*

strong communities raise strong kids  
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# 2016 Arizona Youth Survey

[http://www.azcjc.gov/ACJC.Web/pubs/2016\\_Arizona\\_Youth\\_Survey\\_State\\_Report.pdf](http://www.azcjc.gov/ACJC.Web/pubs/2016_Arizona_Youth_Survey_State_Report.pdf)

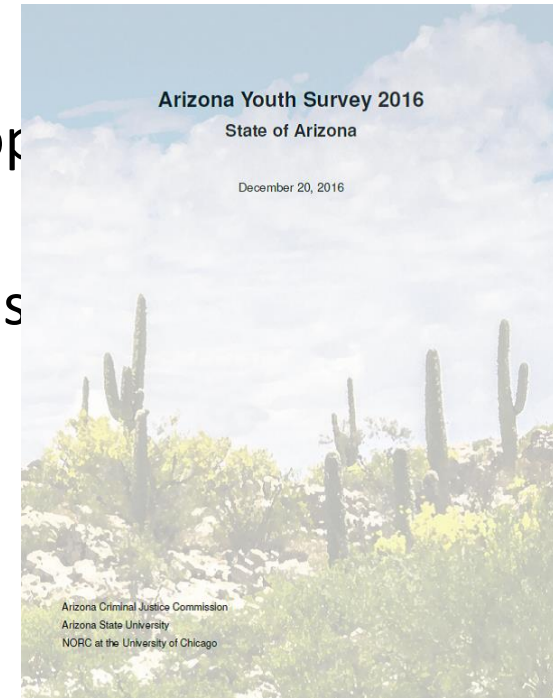
- Lived with Adults Insulted You – 53%
- Parents Separated or Divorced – 47%
- Lived with Alcoholic – 25%
- Lived with Someone Incarcerated - 23%
- Lived with Adults Who Fought – 23%
- Ever Lived with a Drug User – 17%





# 2016 AZ Youth Survey

- Over 91% who abused opioids in the past 30 days had at least 1 ACE
- Among youth reporting abusing opioids to cope with stress and sadness:
  - Almost half (45.1%) had 4 or more ACEs
  - Over 83% experienced past emotional abuse
  - Nearly 2 out of 3 (64.1%) lived with someone who had a substance abuse problem

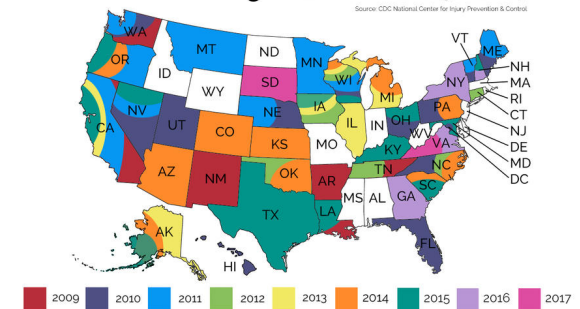


# ACEs in Arizona Adults

## Prevalence of Adverse Childhood Events (ACEs)

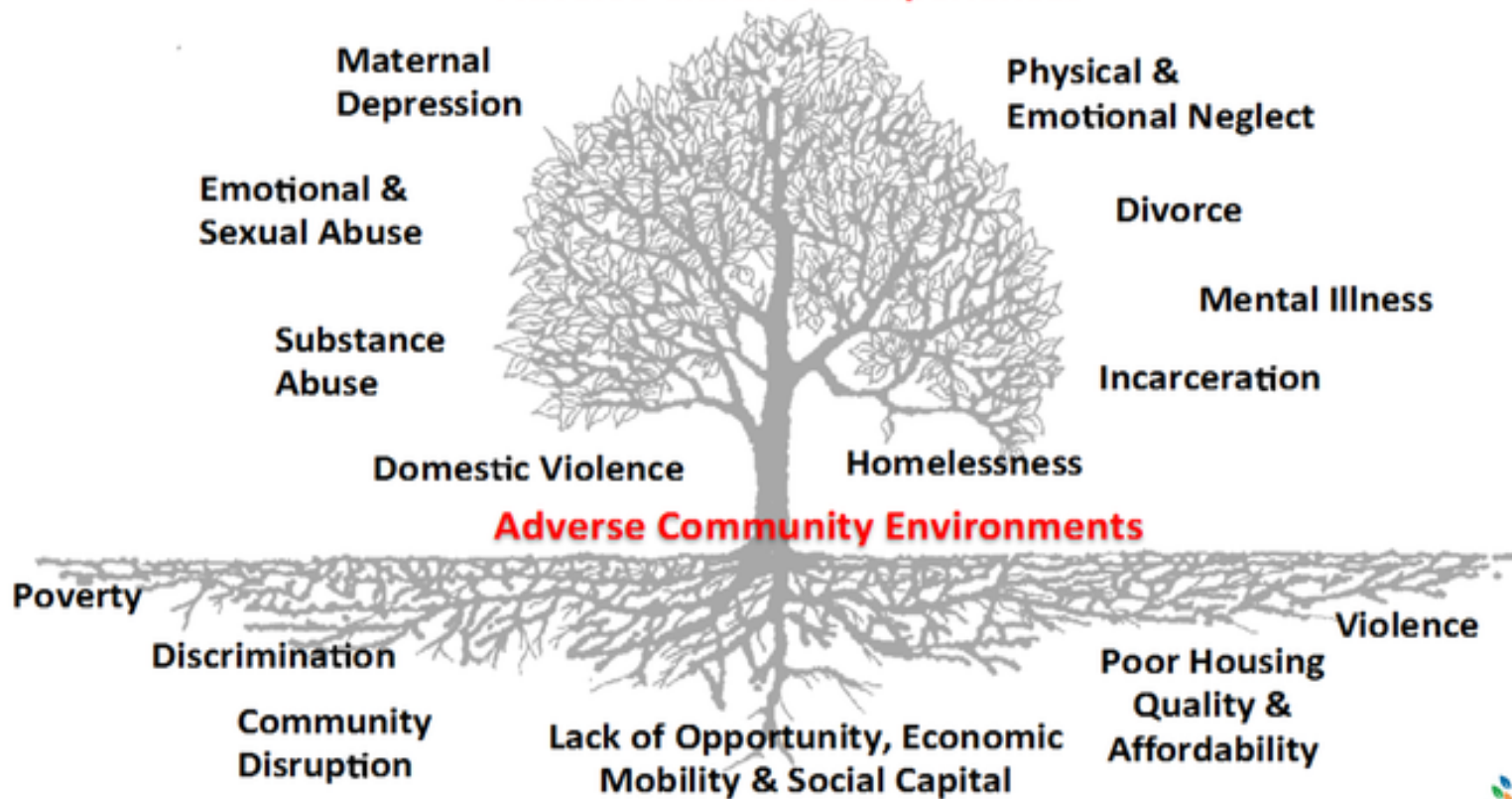
- 9% Sexual Abuse**- Anyone at least 5 years older than them or an adult ever touch them sexually, tried to touch them or forced to them have sex at least once
- 9% Incarcerated Household Member**- Lived with anyone who served time or was sentenced to served time in prison, jail or other correctional facility
- 12% Drug use in household**- Lived with anyone who used illegal street drugs or abused prescription medication
- 15% Mental Illness among adults**- Lived with anyone who was depressed, mentally ill or suicidal
- 15% Violence between Adults**- Parents or adults in their home ever slap, hit, kick, punch or beat each other up at least once
- 16% Physical abuse**- Parent or adult in the home hit, beat, kick or physically hurt them at least once (Spanking not included)
- 22% Drinking problem in household**- Lived with anyone who was a problem drinker or alcoholic
- 26% Parent separation/ divorce**- Parents separated or divorced
- 32% Verbal Abuse**- Parent or adult in the home ever swear at them, insult them or put them down at least once

States Collecting ACEs Data 2009 - 2017



## The Pair of ACEs

### Adverse Childhood Experiences



Ellis W., Dietz W. BCR Framework *Academic Peds* (2017)



Building Community Resilience



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# Economic Impact

- CDC - US lifetime costs associated with child maltreatment - **\$124 billion**

- Australia 2015 - unresolved childhood trauma in adults - **\$9.1 billion annually**

<https://www.blueknot.org.au/ABOUT-US/Media/Blog/ID/123/ACEs-Reduce-Lifespan-Create-Economic-Impact-of-91-Billion>





# AZ ACE Consortium

## Multiple Work Groups

Creating Trauma Sensitive AZ Schools

ACE Consortium Executive Committee

Strong Communities Raise Strong Kids  
Training Work Group  
ACE Clinical Practice

Arizona Trauma Informed Faith Community  
Network

Thriving Cities

Southern Arizona Trauma Informed Network



# What's Happening Nationally

- Federal & State Legislation
- Screening
- National Agenda: [http://www.cahmi.org/wp-content/uploads/2017/10/aces\\_agenda.pdf](http://www.cahmi.org/wp-content/uploads/2017/10/aces_agenda.pdf)
- Trauma Informed Cities: <https://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Introduction/SMA17-5014>



What are ACEs and Why Do They Matter?    Developing a National Agenda



**ACEs Connection**  
A Community-of-Practice Social Network  
Join the movement to prevent ACEs, heal trauma & build resilience.



*"This story has had more impact on me than practically anything I've ever done."*

Oprah Winfrey

<https://www.cbsnews.com/news/oprah-winfrey-treating-childhood-trauma/>



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# How Childhood Stress Affects Health Across the Lifetime, TED Talk

[https://www.ted.com/talks/n\\_trauma\\_affects\\_health\\_across\\_a\\_lifetime](https://www.ted.com/talks/n_trauma_affects_health_across_a_lifetime)



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# Sesame Street in Communities

<https://sesamestreetincommunities.org/>

Initiative to Help Children Cope with Traumatic Experiences  
Free Bilingual Resources for Parents and Professionals



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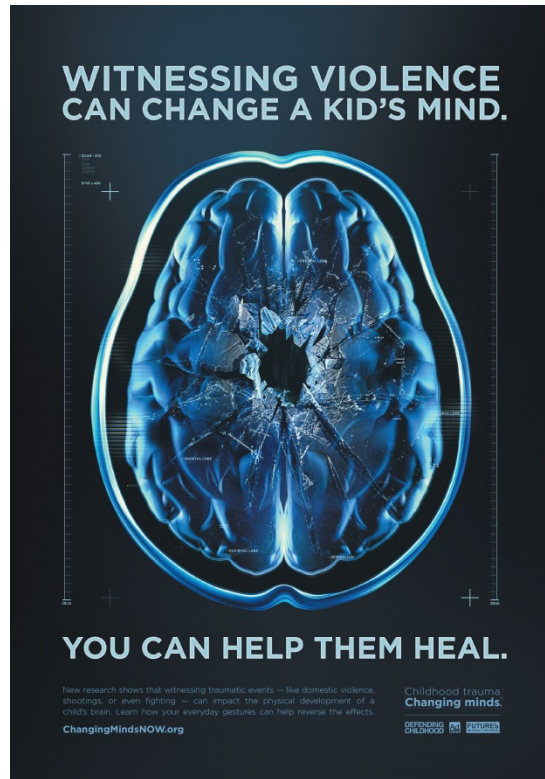
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# Changing Minds Campaign

<https://changingmindsnow.org/>



- Inspire
- Celebrate
- Comfort
- Listen
- Collaborate



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