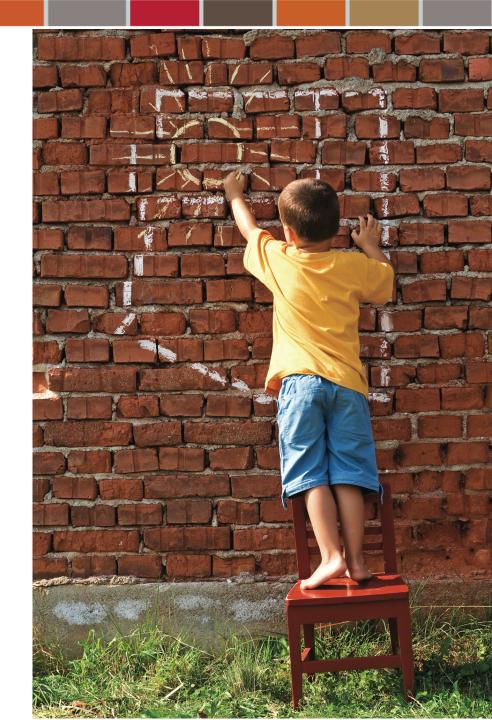
AZPHZ 2018 Spring Conference

Adverse Childhood Experiences

April 11, 2018

Marcia Stanton, MSW

mstanto@phoenixchildrens.com





Sources AZ ACE Data

- 2016 National Survey of Children's Health: http://childhealthdata.org/browse/survey/results?q=4783&r=4
- 2016 Arizona Youth Survey:
 http://www.azcjc.gov/sites/default/files/pubs/AYSReports/2016/2016 Arizona Youth Survey State Report.pdf
- 2014 Behavioral Risk Factor Survey:
 http://www.azdhs.gov/documents/prevention/womens-childrens-health/reports-fact-sheets/issue-briefs/ACEs-report-2014.pdf
- 2018 Health of Women and Children Report: https://www.americashealthrankings.org/explore/2018-health-of-women-and-children-report/measure/ACEs/state/AZ



Arizona Children, 0 – 17

2016 National Survey of Children's Health

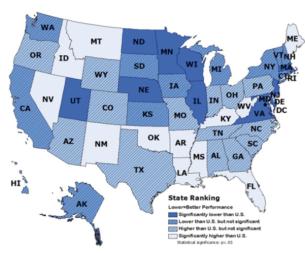


• Two + ACEs: 30%

Natl. average: 22%

Percent of Children Age 0-17 with One or More Adverse Childhood Experiences in the US

Nationwide: 46.3% State Range: 38.1%-55.9%

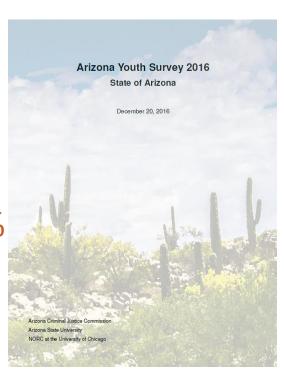




2016 Arizona Youth Survey

http://www.azcjc.gov/ACJC.Web/pubs/2016 Arizona Youth Survey State Report.pdf

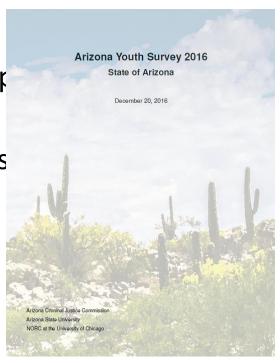
- Lived with Adults Insulted You 53%
- Parents Separated or Divorced 47%
- Lived with Alcoholic 25%
- Lived with Someone Incarcerated 23%
- Lived with Adults Who Fought 23%
- Ever Lived with a Drug User 17%





2016 AZ Youth Survey

- Over 91% who abused opioids in the past 30 days had at least 1 ACE
- Among youth reporting abusing opioids to cope with stress and sadness:
 - Almost half (45.1%) had 4 or more ACEs
 - Over 83% experienced past emotional abuse
 - Nearly 2 out of 3 (64.1%) lived with someone who had a substance abuse problem

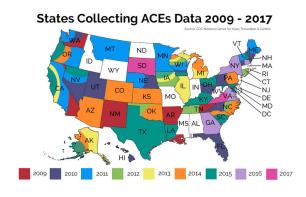




ACEs in Arizona Adults

Prevalence of Adverse Childhood Events (ACEs)

- **Sexual Abuse-**Anyone at least 5 years older than them or an adult ever touch them sexually, tried to touch them or forced to them have sex at least once
- Incarcerated Household Member- Lived with anyone who served time or was sentenced to served time in prison, jail or other correctional facility
- 12% Drug use in household- Lived with anyone who used illegal street drugs or abused prescription medication
- 15% Mental Illness among adults-Lived with anyone who was depressed, mentally ill or suicidal
- 15% Violence between Adults- Parents or adults in their home ever slap, hit, kick, punch or beat each other up at least once
- 16% Physical abuse- Parent or adult in the home hit, beat, kick or physically hurt them at least once (Spanking not included)
- 22% Drinking problem in household- Lived with anyone who was a problem drinker or alcoholic
- 26% Parent separation/ divorce- Parents separated or divorced
- 32% Verbal Abuse- Parent or adult in the home ever swear at them, insult them or put them down at least once



The Pair of ACEs

Adverse Childhood Experiences

Maternal Depression

Physical & Emotional Neglect

Emotional & Sexual Abuse

Divorce

Incarceration

Substance Abuse Mental Illness

Homelessness

Domestic Violence

Adverse Community Environments

Poverty

Violence

Building Community Resilience

Community Disruption

Discrimination

Lack of Opportunity, Economic Mobility & Social Capital Quality & Affordability

Poor Housing

Milken Institute School of Public Health Ellis W., Dietz W. BCR Framework Academic Peds (2017)



Economic Impact

 CDC - US lifetime costs associated with child maltreatment - \$124 billion

 Australia 2015 - unresolved childhood trauma in adults -\$9.1 billion annually

https://www.blueknot.org.au/ABOUT-US/Media/Blog/ID/ 123/ACEs-Reduce-Lifespan-Create-Economic-Impact-of-91-Billion





AZ ACE Consortium

Multiple Work Groups

Creating Trauma Sensitive AZ Schools

ACE Consortium Executive Committee

Strong Communities Raise Strong Kids

Training Work Group

ACE Clinical Practice

Arizona Trauma Informed Faith Community Network

Thriving Cities

Southern Arizona Trauma Informed Network





What's Happening Nationally

- Federal & State Legislation
- Screening
- National Agenda: http://www.cahmi.org
 wp-content/uploads/2017/10/aces_agenda.pdf
- Trauma Informed Cities:

https://store.samhsa.gov/product/Spotlight-Building-Resilient-and-Trauma-Informed-Communities-Introduction/SMA17-5014



Join the movement to prevent ACEs, heal trauma & build resilience.





A National Agenda to Address Adverse Childhood Experiences

What are ACEs and Why Do They Matter?

Developing a National Agenda



BUILDING RESILENT AND TRAUMA.NFORMED COMMINITE'S is essential to improving public health and well being. Commentiles can be places where traumatic events occur, and they can also help keep us safe. They can be a source of trauma, or buffer us against the negative effects of adversity. Communities can collectively experience trauma much like individuals do, and they can be a resource for healing.

The Substance Acuse and Mental Health Services Administration (SAMFSSA) has a timp-standing commitment to addressing the consequences of trauma and adversity. SAMFSA supports an array of trauma-related prevention, treatment, and supportive interventions. The SAMFSA Spotight Series builds on that history, providing anapshots of communities stating innovative steps to creat safer and healthier places to live, learn, work, and play. he goal of this series is to highlight strategies and make a disloyar among communities. SAM-SCA before any setting as "Examacintismed if the occipie their nealize how widespread frauma is, recognize signs and symptoms, respond by herearing knowledge into practice, and resist disloy until the missing strategies of resuma-informed approaches. The Stuttsfation below wouldes some examples of how a trauma-informed community might resist SAM-SCAS is principles.



SAPETY
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TRUSTWORTHENESS Fosters positive relationships among residents, City Hall, entitle, Adhorst, and EMPONERMENT Ensures opportunities for growth are COLLABORATION Fronctes Involvement of residents and TER SUPPORT HE Ingages residents Of Horse together Vi







"This story has had more impact on me than practically anything I've ever done."

Oprah Winfrey

https://www.cbsnews.com/news/oprah-winfrey-treating-childhood-trauma/





How Childhood Stress Affects Health Across the Lifetime, TED Talk

https://www.ted.com/talks/n trauma affects health across a lifetime





Sesame Street in Communities

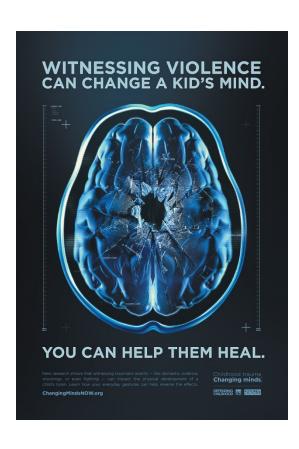
https://sesamestreetincommunities.org/

Initiative to Help Children Cope with Traumatic Experiences
Free Bilingual Resources for Parents and Professionals





Changing Minds Campaign https://changingmindsnow.org/



- Inspire
- Celebrate
- Comfort
- Listen
- Collaborate

