



## **6<sup>th</sup> Annual Adolescent Health and Wellness Summit**

### **Summary**

The Arizona Public Health Association (AzPHA) and a state team of collaborators are proud to announce the 6<sup>th</sup> Annual Adolescent Health and Wellness Summit, which will be held on **July 14, 2020**.

Our Summit was originally planned for late May, 2020 but has been rescheduled due to the restrictions on gatherings related to the SARS CoV2 global pandemic. We are hopeful that Arizona will be in Phase II of re-opening under the Federal Response Framework by July 14, 2020, allowing the core of the Summit to be held in person at the Desert Willow Conference Center in Phoenix.

We will be adding a virtual component to the Summit this year to allow participants to attend on-line. In the unlikely event that Arizona is still in Phase I under the Framework, the Summit will be an on-line event.

### **Summit Focus**

The focus of the 6<sup>th</sup> Annual Adolescent Health and Wellness Summit will be on shared learning and advancing school-based public health strategies to improve health equity.

Our Summit will connect professionals who work with youth by providing a multi-focused, annual summit focused on information and connection. Our Summit will connect persons from communities, county health departments, schools and Medicaid Managed Care Organizations across Arizona to learn from each other about how to create conditions and policies in communities and at-risk schools to keep adolescents in high risk counties healthy. Our Summit will be entitled “Collective STEP for Youth in Arizona”.

The Summit is a partnership supported by the Maricopa County Department of Public Health and the other 14 county health departments in Arizona. The content will focus on engaging groups, including school district leadership to increase protective factors and decrease risk factors by offering training, technical assistance, professional development and more to enhance adolescent wellbeing among youth ages 10-19.

We will specifically engage with the county health department leadership from Arizona's lowest ranking CHR&R Counties (Gila, Navajo, Apache and La Paz) to ensure that our agenda focuses on youth priorities in their counties and goals and objectives consistent with their County Health Improvement Plans.

We will engage a robust planning committee to build an action-oriented agenda for the Summit. We expect to have sessions and resources in the following areas of adolescent health for youth 10-19 in the following areas:

- Access to Mental Health Care
- Adolescent Chronic Illness
- Adolescent Vaccines
- Bullying
- Clinical Preventative Services
- Contraceptive Use
- Dating
- Dating Violence
- Engaging Adolescent Males in Prevention
- Healthy Behaviors
- Healthy Friendships
- LGBTQ Youth Inclusivity
- Positive Mental Health / Resilience
- Sexually Transmitted Diseases
- Substance Use Prevention (Alcohol, Drugs, Tobacco)
- Teen Childbearing
- Teen Pregnancy Prevention

### **Community Partners**

Our primary community partners leading up to and including the Summit will be leadership from Arizona's County Health Departments (including the 4 lowest ranking counties), the Vitalyst Health Foundation, the Arizona Department of Education, leadership from school districts from around Arizona, and the Arizona Family Health Partnership. We will also be engaging with several Managed Care Organizations that provide Medicaid services in Arizona. We are also fortunate to be able to the Arizona Superintendent of Public Instruction to provide leadership and support through the Arizona Department of Education.